

IQAC Webinar Series

Webinar 6: **Human values based mentoring of students**
For faculty members of University departments



12TH March 2021
MS TEAMS – “IQAC WEBINAR”

RESOURCE PERSON

Prof. Ranjani Parthasarathi
Professor-DIST, CEG Campus

Organized by

INTERNAL QUALITY ASSURANCE CELL

Ph: 22357027, email: iqac@annauniv.edu
URL: www.annauniv.edu/iqac

ANNA UNIVERSITY
CHENNAI – 600025.

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INTERNAL QUALITY ASSURANCE CELL

ANNA UNIVERSITY, CHENNAI – 600025

Ph: 044-22357027, E-Mail: iqac@annauniv.edu

Report on the webinar titled “Human values based mentoring of students” on 12.03.2021 from 3.30PM to 5.00PM, Organized by IQAC for all faculty members of Anna University.

The Internal Quality Assurance Cell organized Webinar titled “Human values based mentoring of students” on 12th March 2021 from 3.30PM to 5.00PM for the benefit of the faculty members of Anna University – University Departments. The invited speaker, Prof.Ranjani Parthasarathi, Professor-Department of Information Science and Technology, Anna University, Chennai, presented the webinar through online mode using MS TEAMS virtual platform. Around 75 faculty members from the four campuses (CEG, MIT, ACT and SAP) of Anna University attended the webinar.

Prof. Kurian Joseph, Director-IQAC welcomed the gathering and outlined the need for Human values based mentoring of students, from the perspective of quality improvement, ranking and accreditation. He thanked the speakers for readily accepting the invitation to present the webinar. Dr.G.Balamurugan, IQAC – MIT Campus coordinator and the coordinator for the Webinar introduced the speakers to the audience.

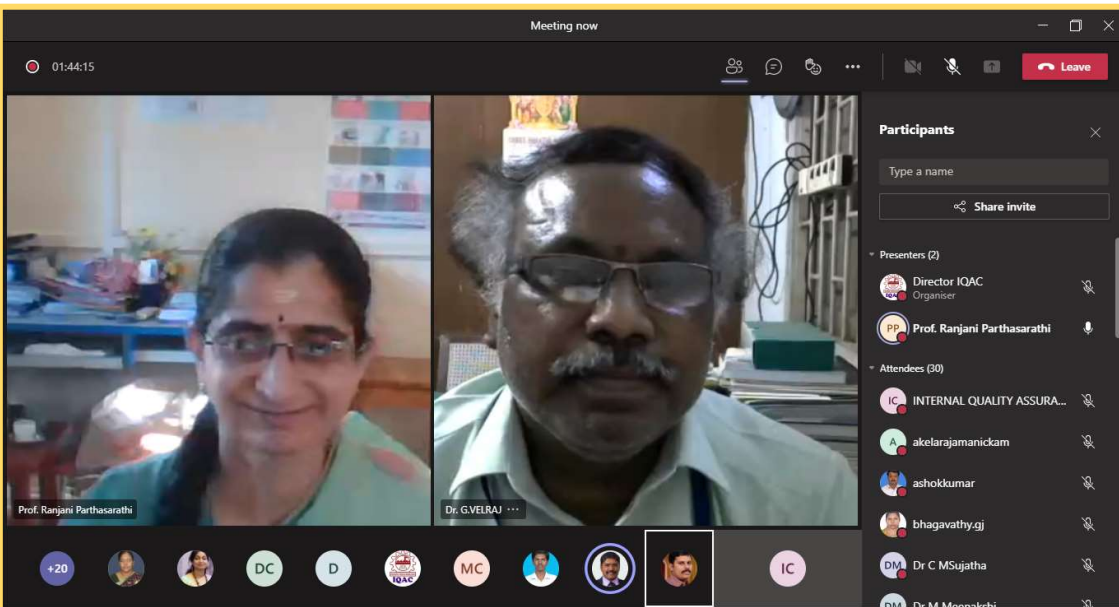
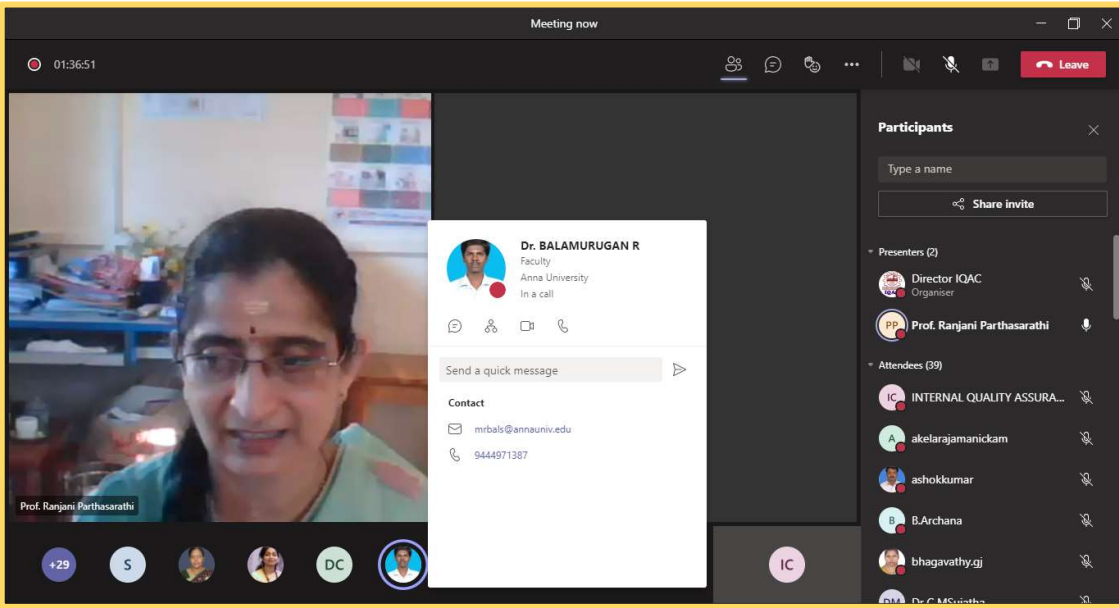
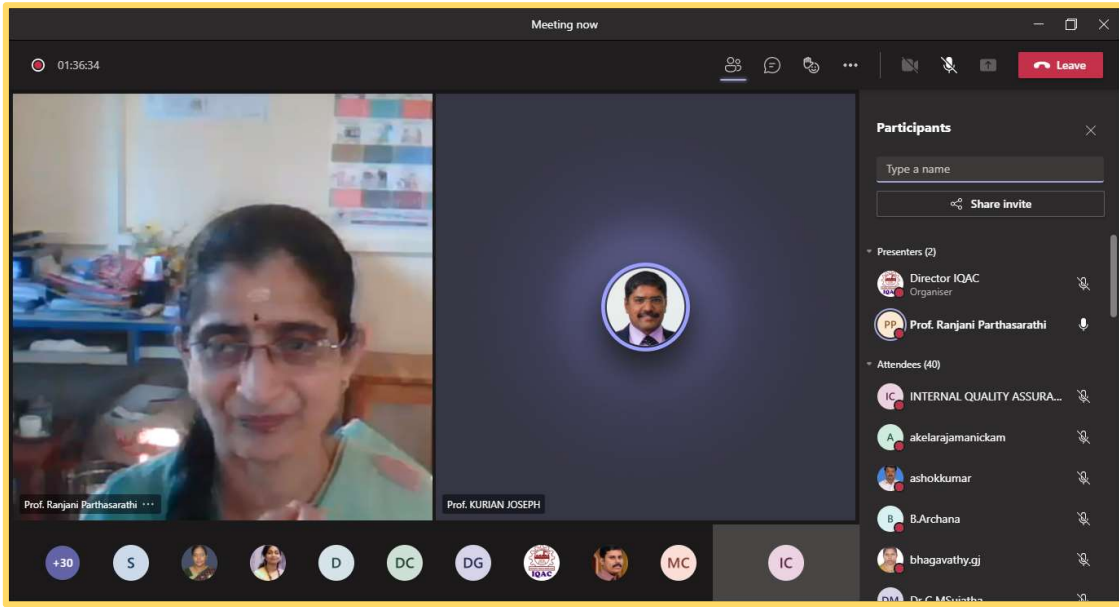
The speaker Prof.Ranjani Parthasarathy, made her presentation highlighting the following points:

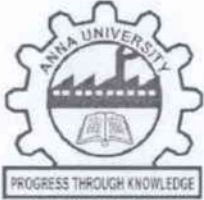
- ✚ Mentor – Expectations and Benefits
- ✚ Universal Human Values
- ✚ Necessities for a Human Being
- ✚ Value of a human being
- ✚ Process of Understanding – Self-exploration, Self-investigation and Self-verification
- ✚ Harmony in the Human Being
- ✚ Harmony in Family
- ✚ Harmony in Society
- ✚ Harmony with Nature

Dr.G.Balamurugan, IQAC – MIT Campus Coordinator cum Webinar Coordinator thanked the speakers for the highly relevant and informative sessions. He also expressed thanks on behalf of the IQAC team to the audience for their attentive and active participation in the webinar.

A Q&A session was conducted from 4.45PM to 5.00PM and the participants clarified their queries from the speakers. The Webinar concluded at 5.00PM with the Director-IQAC thanking the speakers, IQAC team and the participants.

Screenshot taken during interaction session





Internal Quality Assurance Cell

Anna University, Chennai-600025.

Ph: 044 2235 7027, E-mail: iqac@annauniv.edu

Dr. Kurian Joseph,
Director – IQAC

Lr. No. AU/IQAC/2020-21/2021/Webinars/March-001

Date: 22/02/2021

Esteemed Professor,

Sub: IQAC – Conduct of Webinar Series on Quality related topics in March 2021 – Approval requested – Reg.

As part of the quality sustenance and enhancement activities, IQAC conducted the Webinars in February 2021. It is proposed to conduct a series of 4 webinars, each of duration 1.5 hours, during March 2021, on various quality related topics for the benefit of all faculty members as per the following details:


Sl. No	Date	Title of the Webinar	Resource Person	Coordinator(s)
01	04.03.2021 Thursday	Innovation and Entrepreneurship Ecosystem : The way forward	Prof. R.Saravanan, Director – CED, Anna University. & Dr. Sangeeta maini, Startup Analyst – CED, Anna University.	Dr. S. Meenakumari IQAC CEG Campus coordinator
02	11.03.2021 Thursday	Human Values based mentoring of Students	Prof. Ranjani Parthasarathy, Professor - DIST, CEG Campus, Anna University.	Dr. M. Balamurugan, IQAC MIT Campus Coordinator
03	18.03.2021 Thursday	Outcome Based Education – Best Practices	Prof. S. Baskar, Professor, Dean-R&D, Thiagarajar College of Engineering, Madurai- 625015.	Prof. K.V.Radha IQAC ACT Campus coordinator
04	25.03.2021 Thursday	Documentation requirements for Quality Assurance	Prof. T. Thyagarajan, Dean – MIT Campus, Former IQAC Director, Anna University.	Dr. Sabitha Ramakrishnan, Deputy Director - IQAC

It is proposed to make the following arrangements for conducting the above webinars:

- Duration of the webinar : 15:30 Hrs to 17:00 Hrs (1.5 hours)
- Webinar platform : MS Teams - "IQAC Webinar"
- Target audience : All faculty members of University Depts

It is requested that approval may please be granted to conduct the webinars as per the above schedule and pay an honorarium of **Rs.1500/- (Rupees One Thousand and Five Hundred only)** per session for the Resource Person invited from other institution (**Prof. S. Baskar, Professor, Dean-R&D, Thiagarajar College of Engineering, Madurai**).


DIRECTOR - IQAC


REGISTRAR

APPROVED / NOT APPROVED →


VICE CHANCELLOR



ANNA UNIVERSITY
CHENNAI, 600025

Ph: 044-22352161/7004, E-mail: registrar@annauniv.edu, URL: www.annauniv.edu

Lr. No. AU-IQAC/11547/Webinar/Mar-2021-002

Date: 09.03.2021

CIRCULAR

To

Deans of Campuses
Directors of Academic Centres
HODs of Departments

Sub: Webinar series titled **"Human values based mentoring of students"** on 12.03.2021 from 3.30PM-4.30PM for all faculty members of Anna University – Reg.

Ref: Lr.No.AU/IQAC/2020-21/2021/Webinars/March-001 dated 22.02.2021 approved by Vice Chancellor

As part of the quality sustenance and enhancement activities of IQAC, Webinar series - The following webinar is being organized by IQAC for the benefit of all the faculty members as per the following Details:

Title of Webinar : **Human values based mentoring of students**
Resource person : **Prof.Ranjani Parthasarathy, Professor-DIST, CEG Campus**
Date and Time : **12.03.2021 (Friday), 3:30PM – 4.30PM**
Online platform : **MS TEAMS - "IQAC Webinar"**

All faculty members have been included in the **MS Teams group "IQAC Webinar"**. The faculty members are requested to join the webinar through this group, without fail and get benefitted from the lecture.

CC:

1. Prof.Ranjani Parthasarathy, Professor-DIST
2. Director-IQAC, IQAC-Coordinators of the programme
3. PA to Registrar.
4. PS to VC.


REGISTRAR


9/3/2021



Internal Quality Assurance Cell Anna University, Chennai-600025

Title of Webinar : Human values based mentoring of students
Resource Person : **Prof.Ranjani Parthasarathi**, Professor-DIST, CEG Campus
Date of Webinar : 12th March 2021

Programme Schedule

Time	Content
3.15PM - 3.30PM	Registration
3.30PM - 3.32PM	Welcome Address Dr.Kurian Joseph IQAC Director, Anna University
3.32PM - 3.34PM	Introduction of Speaker Dr.G.Balamurugan IQAC MIT Campus Coordinator, Anna University
3.34PM - 4.25PM	Session by Speaker Topic " Human values based mentoring of students " Prof.Ranjani Parthasarathi Department of Information Science and Technology, CEG Campus, Anna University
4.25PM - 4.29PM	Question and Answer Session
4.29PM - 4.30PM	Vote of Thanks Dr.G.Balamurugan, IQAC MIT Campus Coordinator, Anna University



Internal Quality Assurance Cell

Anna University, Chennai-600025

PROFILE OF RESOURCE PERSON

NAME OF THE RESOURCE PERSON : **Prof.Ranjani Parthasarathi,**

DESIGNATION : Professor-DIST, CEG Campus, Anna University

QUALIFICATION : Ph.D.,



EXPERIENCE

Year	Designation
May-2019 To Present	Chairman, Faculty of Information and Communication Engineering, Anna University, Chennai
Aug-2004 To Present	Professor, Department of Information Science and Technology, College of Engineering Guindy, Anna University, Chennai
Jan-1998 To Aug-2004	Assistant Professor, Department of Computer Science and Engineering, College of Engineering Guindy, Anna University, Chennai
Nov-1995 to Jan-1998	Lecturer, Department of Computer Science and Engineering, College of Engineering Guindy, Anna University, Chennai

HONORS AND AWARDS

Year	Award Details
2020	Eminent Engineer Award from Institution of Engineers
2013	IBM faculty award

TOPIC HANDLED IN WEBINAR : **Human values based mentoring of students**

DATE AND TIME OF SESSION : **12th March 2021, 03.30PM to 04.30PM**



Subject Invitation as Resource Persons for IQAC Webinar on 12-03-2021, 03.30PM-Reg.
From <iqac@annauniv.edu>
To Ranjani Parthasarathi <rp@auist.net>
Cc IQAC 3 (Director) <kuttiani@gmail.com>, IQAC 4 (DD 2) <sabitha.ramakrishnan@gmail.com>, IQAC MIT <balanmail12@gmail.com>
Date 2021/03/09 11:12

Kind attention:

Prof.Ranjani Parthasarathy,
Department of Information Science and Technology,
CEG Campus,
Anna University, Chennai- 600 025.

Dear professor,

The Internal Quality Assurance Cell (IQAC) of Anna University conducts various activities to enhance the quality of teaching and learning of faculty members in our campus. As a part of quality sustenance and enhancement activities, IQAC is conducting a webinar on 12.03.2021 (Friday) with focus on "Human values based mentoring of students".

In this context, may I cordially invite you to be the Resource Persons for the Webinar session and deliver a talk on the title "Human values based mentoring of students" on 12th March 2021 through online mode (MS Teams platform) for a duration of 60 minutes (3:30PM to 4:30PM). The participants of Anna University faculty members will benefit a lot from your lecture.

The session will be organized online in MS Teams Platform under the Team "IQAC Webinar" in which you are already included as a member.

We are looking for a positive response and gracious presence.

--

Thanks and Regards
Prof. Dr. Kurian Joseph
Director-IQAC
Anna University, Chennai,
Tamil Nadu-600025.

**Attendance on IQAC Webinar
“Human values based mentoring of students”**

Total Number of Participants: 75

Date: 12.03.2021

S.No.	Name of the Faculty	Designation	Timestamp
1	Prof. Ranjani Parthasarathi (Guest)	Professor-DIST, CEG Campus	3/12/2021, 3:19:51 PM
2	Prof. KURIAN JOSEPH	Director-IQAC	3/12/2021, 3:15:06 PM
3	Dr. G. Balamurugan	IQAC MIT Campus Coordinator	3/12/2021, 3:14:27 PM
4	Dr. K.V.RADHA	IQAC ACT Campus Coordinator	3/12/2021, 3:23:08 PM
5	Rajeswari R	IQAC SAP Campus Coordinator	3/12/2021, 3:32:03 PM
6	Prof. R.SARAVANAN	Faculty of Anna University	3/12/2021, 3:23:24 PM
7	Prof. SUBRAHMANIAN	Faculty of Anna University	3/12/2021, 3:13:40 PM
8	Dr C MSujatha	Faculty of Anna University	3/12/2021, 3:50:41 PM
9	Dr D Sridharan	Faculty of Anna University	3/12/2021, 3:27:38 PM
10	Dr M Meenakshi	Faculty of Anna University	3/12/2021, 3:30:36 PM
11	Dr. BALAMURUGAN R	Faculty of Anna University	3/12/2021, 3:32:02 PM
12	Dr. Bama Srinivasan	Faculty of Anna University	3/12/2021, 3:25:40 PM
13	Dr. BASKARAN	Faculty of Anna University	3/12/2021, 3:23:26 PM
14	Dr. C.BALAMURUGAN	Faculty of Anna University	3/12/2021, 3:34:51 PM
15	Dr. C.Sharmeela	Faculty of Anna University	3/12/2021, 3:12:57 PM
16	Dr. Dhananjay Kumar	Faculty of Anna University	3/12/2021, 4:16:21 PM
17	Dr. G. KALPANA	Faculty of Anna University	3/12/2021, 3:49:06 PM
18	Dr. G.VELRAJ	Faculty of Anna University	3/12/2021, 3:17:22 PM
19	Dr. Hemalatha	Faculty of Anna University	3/12/2021, 3:28:13 PM
20	Dr. K.V. VIJAYASHREE	Faculty of Anna University	3/12/2021, 3:54:34 PM
21	Dr. KOLA SUJATHA. P	Faculty of Anna University	3/12/2021, 3:12:51 PM
22	Dr. KRISHNAKUMAR S	Faculty of Anna University	3/12/2021, 3:18:40 PM
23	Dr. M. THIRUMAL AZHAGAN	Faculty of Anna University	3/12/2021, 3:13:00 PM
24	Dr. Ms. AROCKIA XAVIER ANNIE R	Faculty of Anna University	3/12/2021, 3:20:06 PM
25	Dr. P.GEETHA	Faculty of Anna University	3/12/2021, 3:17:49 PM
26	Dr. Piyali Roy Choudhury	Faculty of Anna University	3/12/2021, 3:11:14 PM
27	Dr. R. Magesh	Faculty of Anna University	3/12/2021, 3:26:39 PM
28	Dr. R.Geetha Ramani	Faculty of Anna University	3/12/2021, 3:46:40 PM
29	Dr. Ramachandran Palpandi Raja	Faculty of Anna University	3/12/2021, 3:35:58 PM
30	Dr. S RAHIMA SHABEEN	Faculty of Anna University	3/12/2021, 3:21:40 PM
31	Dr. S. Angayarkanny	Faculty of Anna University	3/12/2021, 3:22:13 PM
32	Dr. S.Abirami	Faculty of Anna University	3/12/2021, 3:37:49 PM
33	Dr. S.Lakshmi	Faculty of Anna University	3/12/2021, 3:26:02 PM
34	Dr. S.MANISHA VIDYAVATHY	Faculty of Anna University	3/12/2021, 3:20:51 PM
35	Dr. S.Poonguzhali	Faculty of Anna University	3/12/2021, 3:43:35 PM
36	DR. SASWATI MUKHERJEE	Faculty of Anna University	3/12/2021, 4:43:05 PM
37	Dr. SIVARAJ	Faculty of Anna University	3/12/2021, 3:18:59 PM
38	Dr. V. SIVAKUMAR	Faculty of Anna University	3/12/2021, 3:52:12 PM

**Attendance on IQAC Webinar
“Human values based mentoring of students”**


Total Number of Participants: 75

Date: 12.03.2021

S.No.	Name of the Faculty	Designation	Timestamp
39	Dr. Y Vidyalakshmi	Faculty of Anna University	3/12/2021, 3:52:01 PM
40	Dr.Bindia Sahu	Faculty of Anna University	3/12/2021, 3:11:14 PM
41	Dr.G.C.Jayakumar	Faculty of Anna University	3/12/2021, 3:11:14 PM
42	Dr.N.Anitha	Faculty of Anna University	3/12/2021, 3:46:31 PM
43	Dr.R.Pradeep Kumar	Faculty of Anna University	3/12/2021, 4:13:33 PM
44	drkeerthi	Faculty of Anna University	3/12/2021, 3:22:52 PM
45	akelarajamanickam	Faculty of Anna University	3/12/2021, 3:53:19 PM
46	ashokkumar	Faculty of Anna University	3/12/2021, 3:32:10 PM
47	B.Archana	Faculty of Anna University	3/12/2021, 3:56:16 PM
48	B.Siva Shankari	Faculty of Anna University	3/12/2021, 3:45:42 PM
49	bhagavathy.gj	Faculty of Anna University	3/12/2021, 3:26:43 PM
50	D.Sasirekha	Faculty of Anna University	3/12/2021, 3:51:50 PM
51	dsangeetha	Faculty of Anna University	3/12/2021, 3:11:14 PM
52	Ezhilarasi Sakthivel	Faculty of Anna University	3/12/2021, 4:24:11 PM
53	G.Priya	Faculty of Anna University	3/12/2021, 3:24:24 PM
54	H.Riasudheen	Faculty of Anna University	3/12/2021, 3:59:13 PM
55	J.M.Aishwarya	Faculty of Anna University	3/12/2021, 3:46:03 PM
56	K.A.Vidhya	Faculty of Anna University	3/12/2021, 3:21:41 PM
57	K.Balraj	Faculty of Anna University	3/12/2021, 3:24:32 PM
58	K.G.Maheswaran	Faculty of Anna University	3/12/2021, 3:34:17 PM
59	Kalaichelvan K	Faculty of Anna University	3/12/2021, 3:34:17 PM
60	M.Rama Ezhil Chandran	Faculty of Anna University	3/12/2021, 3:16:33 PM
61	Madhivadhani K	Faculty of Anna University	3/12/2021, 3:25:27 PM
62	Mouli Prasanth B	Faculty of Anna University	3/12/2021, 3:13:10 PM
63	Mrs. M.Navamuniyammal	Faculty of Anna University	3/12/2021, 3:19:32 PM
64	Mrs. SUDAR OLI SELVI	Faculty of Anna University	3/12/2021, 4:06:33 PM
65	ngobi	Faculty of Anna University	3/12/2021, 3:42:20 PM
66	P.Jagan	Faculty of Anna University	3/12/2021, 3:15:32 PM
67	P.Jayanthi	Faculty of Anna University	3/12/2021, 4:01:04 PM
68	ppabitha	Faculty of Anna University	3/12/2021, 4:11:23 PM
69	S.Kavitha Singh	Faculty of Anna University	3/12/2021, 4:00:32 PM
70	selviram	Faculty of Anna University	3/12/2021, 3:18:17 PM
71	SRIMATHI S	Faculty of Anna University	3/12/2021, 3:32:57 PM
72	Srirangarajalu N	Faculty of Anna University	3/12/2021, 3:25:33 PM
73	Sujatha.A	Faculty of Anna University	3/12/2021, 3:23:28 PM
74	T Manju	Faculty of Anna University	3/12/2021, 3:47:54 PM
75	T.Nathezhtha	Faculty of Anna University	3/12/2021, 3:46:45 PM

Webinar Handouts

Presentation by Prof. Ranjani Parthasarathy, DIST-CEG




Human Values based Mentoring of Students

Ranjani Parthasarathi
Professor, Dept. of IST
Anna University, CEG Campus

IQAC Webinar – 12 March 2021

1



Mentor - Expectations

- “Wise and trusted counsellor” – Homer in Odysseus
- In academics: Faculty advisor ⇔ Mentor !!
- But, mentoring is more than advising!
 - Mentoring is a personal, as well as, professional relationship
 - Mentoring evolves with the needs/growth of the student
 - Need to vary the degree and type of attention, help, advice, information, and encouragement that is provided
 - A mentor is someone who takes a special interest in helping another person develop into a “successful professional” and a “humane being” !
 - Mentors are advisors, supporters, tutors, sponsors & “Models” of identity

Reference: ADVISER, TEACHER, ROLE MODEL, FRIEND ON BEING A MENTOR TO STUDENTS IN SCIENCE AND ENGINEERING, NATIONAL ACADEMY OF SCIENCES, NATIONAL ACADEMY OF ENGINEERING, INSTITUTE OF MEDICINE, NATIONAL ACADEMY PRESS, Washington, D.C., 1997

2



Mentor – Expectations (2)

- A mentoring relationship is characterized by mutual respect, trust, understanding, and empathy.
- **Good mentors share life experiences and wisdom, as well as technical expertise.**
- Mentors are *good listeners, good observers, and good problem-solvers.*
- **Make an effort to know, accept, and respect the goals and interests of a student.**

3



Question

Are we equipped to meet these expectations?

4



Mentor - Benefits

- Fulfills natural human desire – to share knowledge and experience
- Satisfaction/Joy – in having a student succeed and become a friend/colleague
- Networking
- Stay up-to-date in your field
- Extend your contribution/impact – results of good mentoring live after you!

5



Question

Where do we go to equip ourselves for this ?

Explore !

Self-exploration !

6



Universal Human Values

Presenting a universal approach to value education



Whatever is said is a **Proposal** (**Do not accept it to be true**)

Explore it within yourself on the basis of your Natural Acceptance

Check within Yourself!



What do we all want?

We can examine this within ourselves

1. Do we want to be happy?
2. Do we want to be prosperous?
3. Do we want the continuity of happiness and prosperity?

9

Check within Yourself!



- Are we happy?
- Are we prosperous?
- Is there continuity of our happiness and prosperity?
- Is our effort :
 - For continuity of happiness and prosperity?
 - Just for accumulation of physical facility (பொருள் / வசதிகள்) ?
 - Have you assumed that happiness and prosperity will automatically come when you have enough physical facility (பொருள் / வசதிகள்) ?

10



- Is Human Relationship (மனித உறவு) Important?

11



Other than physical facility what else does a human being think about?

On close examination, the list of thoughts can be classified into two categories:

1. Feelings in relationship with other human beings
2. Right understanding in the self, or knowledge

Human beings think about ensuring these!

12

Necessities for a Human Being



PHYSICAL FACILITY

பொருள் / வசதிகள்
with rest of nature

RIGHT UNDERSTANDING

(புரிதல்)
in the self

RELATIONSHIP

(உறவு)
with human
beings

13

• Now if all three, right understanding, relationship and physical facility, are necessary, what would be the priority between them?

• Examine within yourself, what is the priority of these for you?

PHYSICAL FACILITY

பொருள் / வசதிகள்
with rest of nature

RIGHT UNDERSTANDING

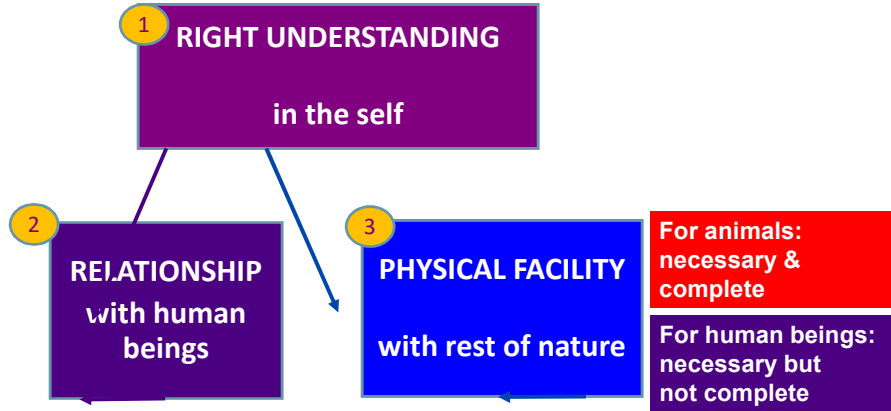
(புரிதல்)
in the self

RELATIONSHIP

(உறவு)
with human
beings

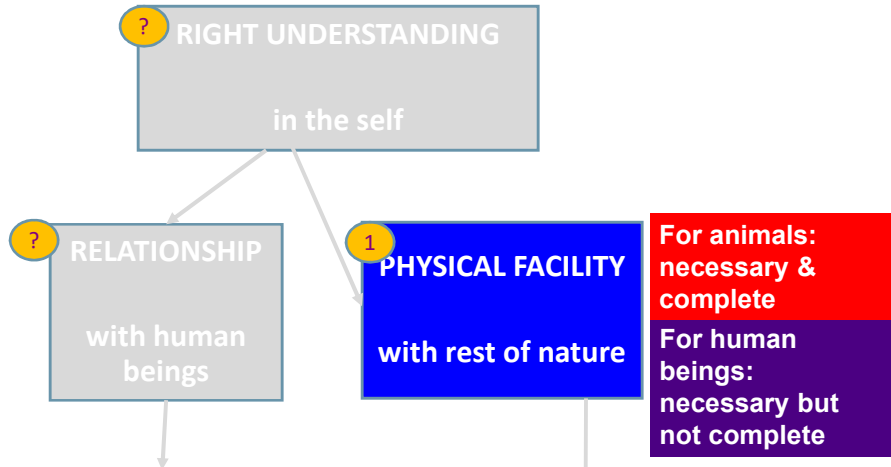
14

Priority: Right Understanding, Relationship & Physical Facility



MUTUAL HAPPINESS MUTUAL PROSPERITY

Priority: Physical Facility

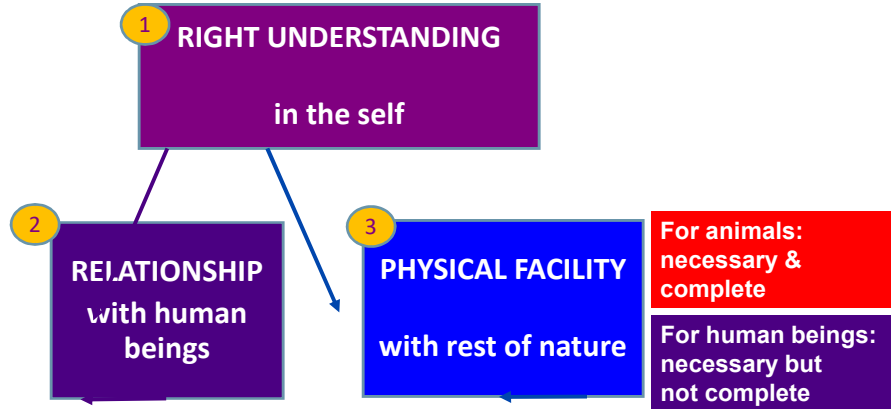


UNHAPPINESS

துன்பம்

DEPRIVATION

இழப்பு



MUTUAL HAPPINESS MUTUAL PROSPERITY

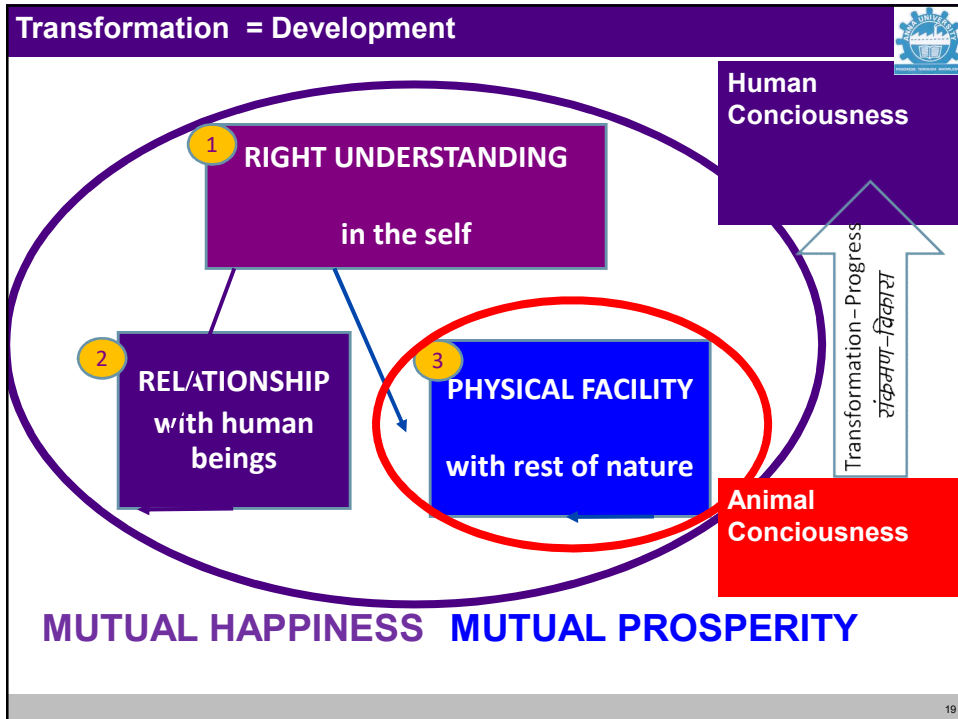
17

Prosperity



- Prosperity – The feeling of having more than required Physical Facility 2 1
- Assessment of necessary physical facility with their required quantity – with right understanding
- Ensuring availability/ production of more than required physical facility ?
- A prosperous person thinks of **nurturing** the other (போஷித்தல்)
- A **deprived person** thinks of **exploiting** the other

18



Education-Sanskar

The role of education is to facilitate the development of the competence to live with **Definite Human Conduct** by enabling this transformation, by ensuring all 3 (Right Understanding, Relationship and Physical Facility) – in every Human Being

Education – Developing Right Understanding

Sanskar – Commitment/ Preparation/ Practice for Right Living.
Preparation includes Learning Right Skills & Technology

20

Value of a human being



Happiness = To Be in Harmony

Expanse of our Being:

1. In the Self, as an Individual
2. In Family
3. In Society
4. In Nature/Existence

Do you live with this expanse?

You do live with this expanse, whether you are aware of it or not

- The air you breathe comes from Nature – You live in Nature/Existence
- You live in Society
- You live in Family
- You live with your Self...

21

Continuous Happiness



Happiness = To Be in Harmony

Expanse of our Being:

1. In the Self, as an Individual
2. In Family
3. In Society
4. In Nature/Existence

Continuous Happiness = Harmony at all levels of our Being. i.e.

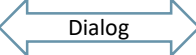
1. Harmony in the Self
2. Harmony in the Family
3. Harmony in the Society
4. Harmony in Nature/Existence

22

Process of Understanding – Self-exploration, Self-investigation



It is a process of Dialog... It starts with a dialog between you and me.
It soon becomes a dialog within your own Self...

What I am  What I really want to be (Natural Acceptance)

Sometimes relationship	Relationship
Sometimes opposition	
Harmony	→ Happiness
Contradiction	→ Unhappiness

Happiness = To be in a state of Harmony

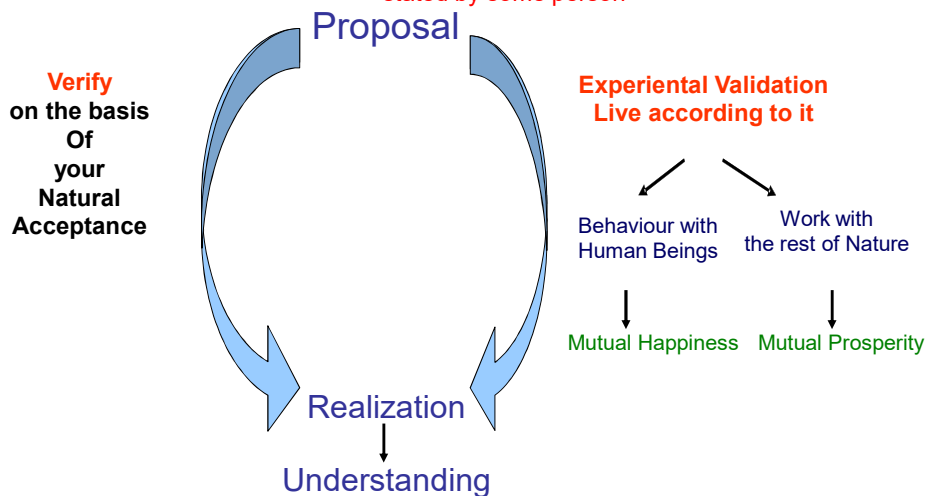
Unhappiness = To be forced to be in a state of Contradiction

Process of Self-verification



Whatever is said is a **Proposal**

Do not accept it just because it is – written in some book
– a reading from some instrument
– stated by some person





Harmony in the Human Being

Coexistence of Self (I) & Body

Human Being	Self (I)	Body
Need	Happiness (Eg. Respect)	Physical Facility (Eg. Food)
In Time	Continuous	Temporary
Quantity/Quality	Qualitative தரம்	Quantitative (Limited in Qty) அளவு

These needs are of different types.

Are both types of needs important or not ? / Do we want fulfillment of both types of needs?

What is the priority between the needs of the Self (I) & the needs of the Body?

Human Being	Self (I)	Body
	← Coexistence →	
Need	Happiness (Eg. Respect)	Physical Facility (Eg. Food)
In Time	Continuous	Temporary
In Quantity	Qualitative	Quantitative (Limited in Qty)
Fulfilled by	Right Understanding & Right Feelings	Physio-Chemical Things
Activities	Desire, Thought, Expectation	Eating, Walking
ஆசை / சிந்தனை எதிர்பார்ப்பு	Continuous	Temporary (Time to Time)
	Knowing, Assuming, Recognizing, Fulfilling	Recognizing, Fulfilling
	Consciousness	Material

Desire – Need of I or Body

Clarify underlying purpose
Eg. House

- To show others – need of I
- To provide protection – need of Body

Some needs will be for both I and for Body – you can reflect on what is the primary need

Q: What is the % of needs of I vs needs of Body?
Q: % Effort for Physical Facility? PF can only fulfill needs of the Body
Q: Can evaluate the program to fulfill needs of I

Desire - Preconditioning, Sensation and Natural Acceptance



Your desire can be based on Preconditioning , Sensation (உணர்வு) or Natural Acceptance (இயல்பான ஏற்புத் தன்மை) .

For notions, reflect on the underlying assumption

Eg. Nice house

- Nice = comparatively better than other houses – preconditioning
- Nice = luxurious – sensation
- Nice = provides protection – natural acceptance

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Right Understanding, Relationship, Physical facility or more?



Find out if your needs can be fulfilled by Right Understanding, Relationship or Physical Facilities, or anything more is needed

Eg:

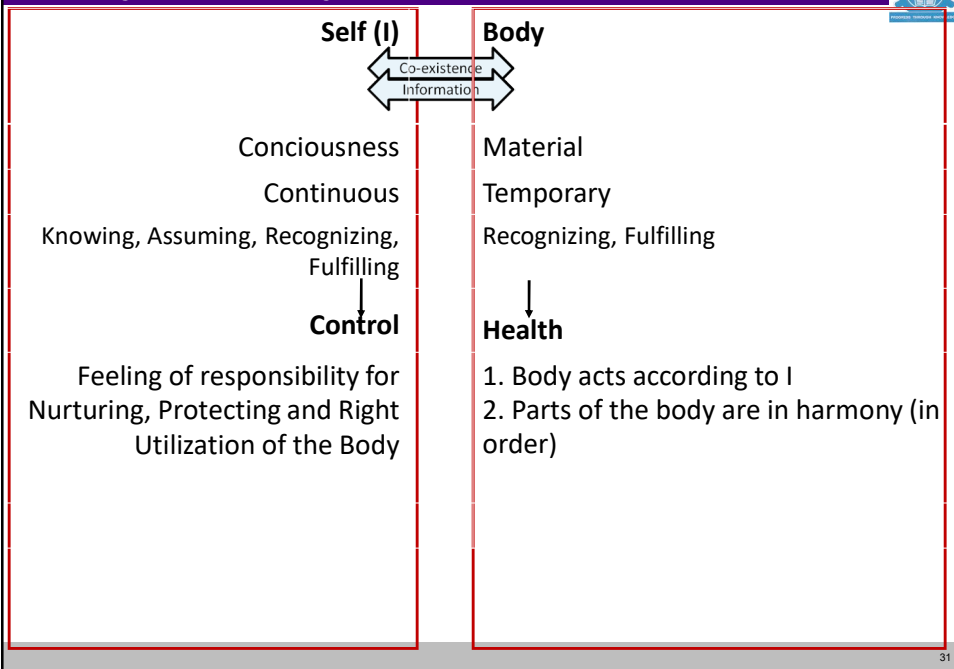
What I am, relationship, respect... Right Understanding

Ensuring right feelings... RU + Feeling in Relationship

Food... RU + Physical Facility

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Harmony with the Body



Harmony in Family

Understanding Relationship
– Trust

Harmony in the Family



1. Relationship is – between the self (I) and the other self (I)
2. There are feelings, or expectation of feelings, in relationship – of one self (I) for the other self (I)
3. These feelings can be recognized – they are definite (9 Feelings)
4. Their fulfilment and evaluation leads to mutual happiness

Feelings in relationship:

- | | |
|--------------|--------------|
| 1- Trust | 6- Reverence |
| 2- Respect | 7- Glory |
| 3- Affection | 8- Gratitude |
| 4- Care | 9- Love |
| 5- Guidance | |

Are these feelings Naturally Acceptable to You?

When you live with these feelings, does it lead to your happiness?

When you express these feelings to the other, does it lead to the happiness of the other?

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Harmony in the Family



1. Relationship is – between the self (I) and the other self (I)
2. There are feelings, or expectation of feelings, in relationship – of one self (I) for the other self (I)
3. These feelings can be recognized – they are definite (9 Feelings)
4. Their fulfilment and evaluation leads to mutual happiness

Evaluation:

1. Are these feelings in me?
2. Are these feelings reaching to the other?

I evaluate this from time to time

Will you ensure these feelings in yourself or expect them from the other? Ensuring these feelings in yourself is independence; expecting them from the other is dependence.

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Trust



Trust = to be assured

= to be assured that the other intends my happiness & prosperity

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Trust



Verify on the basis of your natural acceptance

1a. I **want to** make myself happy ✓

2a. I **want to** make the other happy ✓

3a. The other **wants to** make herself/himself happy ✓

4a. The other **wants to** make me happy ?

Intention (நோக்கம்) – Natural Acceptance

What I really want to be

Verify on the basis of your competence

1b. I **am able to** make myself **always** happy ?

2b. I **am able to** make the others **always** happy ?

3b. The other **is able to** make herself/himself **always** happy ?

4b. The other **is able to** make me **always** happy ??

Competence திறன்

What I am

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About the Other	About Myself
The other broke a glass	The glass broke by accident
The other did not come on time	I tried really hard to reach on time
The other makes mistakes intentionally	I make mistakes by accident
The other is bad	I am good
<p>I evaluate my self on my intention (2a) I evaluate the other on his competence (4b) (i.e. I conclude about his intention on the basis of his competence)</p> <p>Irritation, anger, condemning the other are indications of doubt on intention</p>	

Trust	
<p>Trust on Intention = to be assured that the other intends my happiness & prosperity</p>	
<p>When there is Trust on Intention, you feel related to the other</p>	
<p>Absence of Trust on Intention = lack of assurance that the other intends my happiness & prosperity</p>	
<p>Lack of Trust on Intention leads to Doubt, Fear, Opposition...</p>	
<p>4a. The other wants to make me happy</p>	<p>4b. The other is able to make me always happy</p>
<p>Natural Acceptance, ie Intention What we really want to be</p>	<p>Competence What we are</p>

Opposition	Trust
<p>If we do not have trust on intention, we have a feeling of opposing the other</p>	<p>If we have trust on intention, we feel related to the other</p>
<p>In case the other is lacking in competence, we react & show irritation or anger; even break up the relationship</p>	<p>In case the other is lacking in competence, we facilitate the other to improve his/her competence, affectionately (without being irritated or angry)</p>
<p>(Small acts of mistrust stay in the thoughts, multiply, grow; doubt, fear, oppression...; opposition ultimately leads to fighting, struggle and war)</p>	<p>We make a program with the other based on right evaluation of each others competence This is living with responsibility</p>

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Check for yourself

How many persons do you have trust on intention ?

- continuous, unconditional (never having a feeling of opposition, getting irritated or angry)
- in case the other is lacking in competence, you have a feeling of responsibility to improve his competence?

Is increase in this number progress or decrease in this number progress?

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Harmony in Family

Understanding Relationship – Respect

Respect



Respect = Right Evaluation

Respect: Right Evaluation – on the basis of the Self (I)



1. Our purpose is the same, our natural acceptance is the same – Just as I want to be continuously happy, so does the other
2. Our program is the same – Just as I can live happily by understanding and living in harmony at all levels, so it is for the other
3. Our potential is the same – Desire, Thought & Selection is continuous in me and also in the other. Just as I can understand, so can the other

The minimum content of respect is – to be able to see and accept that.

The Other is Similar to Me!

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Over evaluation – to evaluate for more than what it is

Under evaluation – to evaluate for less than what it is

Otherwise evaluation – to evaluate for other than what it is

} Disrespect

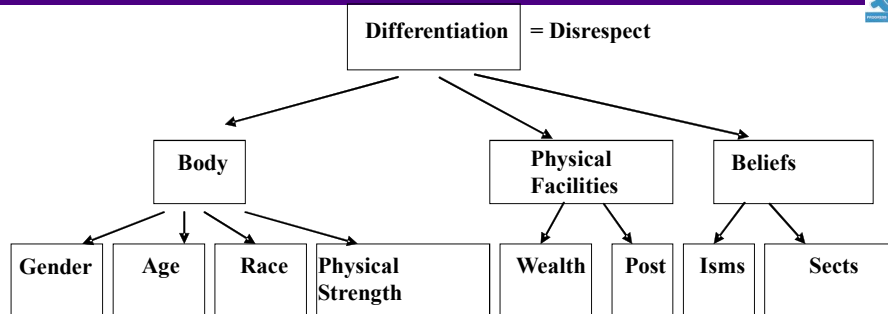
Whenever the evaluation is not right, it is disrespect

Check for yourself in every interaction with others whether it is respect or disrespect

If we observe, we find in our day to day relationship, we tend to do one of the above three, which is disrespect

44

Differentiation (Disrespect)



Evaluation on the basis of Body, Physical Facilities or Beliefs (preconditioning) turns out to be differentiation and therefore disrespect

Differentiation like this has led to resentments and protests. Eg Women's Lib, Generation Gap, Black vs White, Powerful vs Opressed, Rich-Poor, Communism-Capatilism, Hindu-Muslim and so on

45

Differentiation

Respect



I evaluate on the basis of body, physical facilities or belief (preconditioning)

The other is different from me

We are competitors. I make effort to accentuate the difference, to manipulate, exploit the other



I evaluate on the basis of Self (I)

1. We have the same purpose
2. We have the same program
3. We have the same potential (difference only in competence)

The other is like me

We are complementary

- if I have more understanding than the other, I live with responsibility with the other & then facilitate the other
- If the other has more understanding than me, I become ready to understand from the other

This is living with **responsibility**

46

The feeling of being related



Affection – The feeling of acceptance of the other as one's relative (feeling of being related to the other)

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The feeling of being related



Verify on the basis of your natural acceptance if you want to be related to:

None

One

Many

Everyone

None → The feeling of being related to none –
in opposition to all

One → The feeling of being related to one

Many → The feeling of being related to many

Everyone → The feeling of being related to all

} Affection

} Love

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Care

Feeling of responsibility & commitment toward **nurturing** and **protecting** the body of the other (Needs of Body)

Guidance

Feeling of responsibility & commitment toward ensuring **Right Understanding** and **Right Feelings** in the other (Needs of I)



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Reverence

The feeling of acceptance for Excellence



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Excellence



Understanding of the Harmony & Living in that Harmony } at all 4 levels

Excellence and competition are not similar.

In excellence, one helps to bring the other to his level

In competition, he hinders the other from reaching to his level

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Excellence

Special



The other is like me

Not other – me

I am different from the other

Natural Acceptance

Preconditioning that changes

Absolute & definite

Relative (with no definite state, no point of completion)

Has understood relationship

Other influences him on the basis of preconditioning

Effort to live with responsibility

Effort to accentuate the difference, to dominate, manipulate, exploit other

Helps the other to come to his/her level

Stops the other from coming to his/her level

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Excellence	Special
<p>Works for human purpose</p> <p>Rightly Utililises, Shares (is prosperous)</p>	<p>Works for reward or due to fear, goal is secondary</p> <p>Hoards, Accumulates (is deprived)</p>



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Glory
<p>Feeling for those who have worked for excellence</p> <p>Unconditional acceptance for following the example of the other</p>



54

Gratitude (நன்றி மறவாமை)



Feeling for those who have worked for my excellence

55

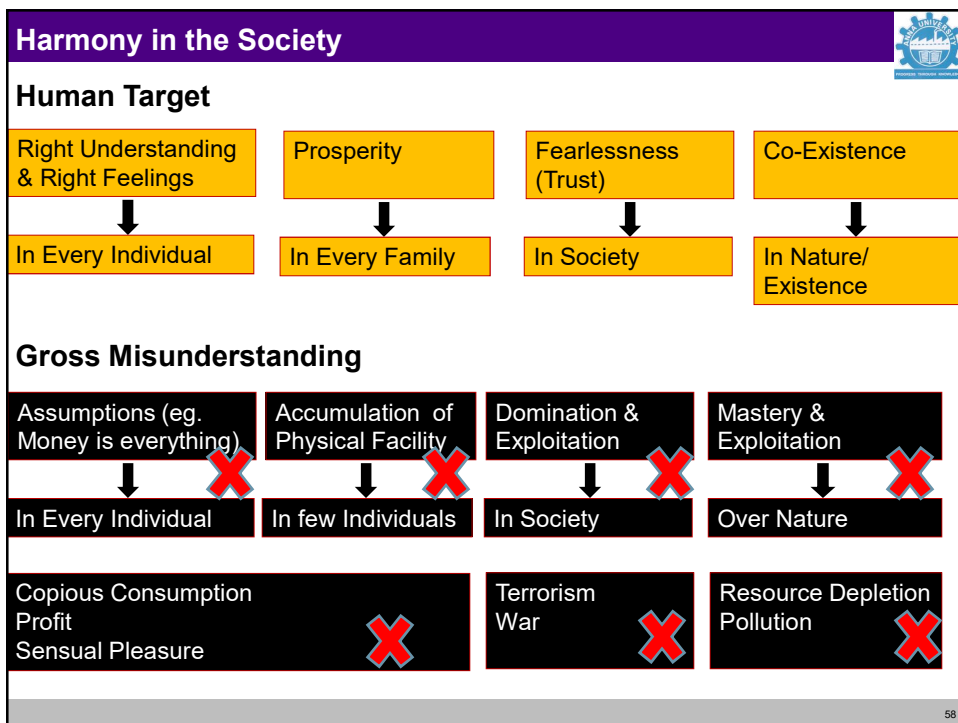
Harmony in Family – From Family to World Family (Undivided)



- Justice is ensuring right understanding in the self leading to right feelings and its expression in relationship resulting in mutual happiness.
- We have Natural Acceptance for Justice for All – from Family to World Family
- Natural acceptance for Justice is already within you
- Right understanding makes you aware
- Once you are aware of it, there is continuity of these feelings and you are able to fulfil them
- Having right feelings in oneself leads to one's happiness
- Expressing these feelings to the other leads to happiness in the other

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Harmony in Society



Harmony in the Society



Human Target

Right Understanding
& Right Feelings

Prosperity

Fearlessness
(Trust)

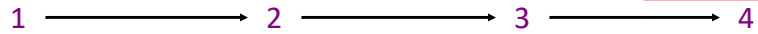
Co-Existence

In Every Individual

In Every Family

In Society

In Nature/
Existence



Human Order

Five Dimensions

1. Education – Sanskar
2. Health – Sanyam
3. Production – Work
4. Justice – Protection
5. Exchange – Storage

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Harmony with Nature



We want to understand the underlying design of Nature

Specifically if:

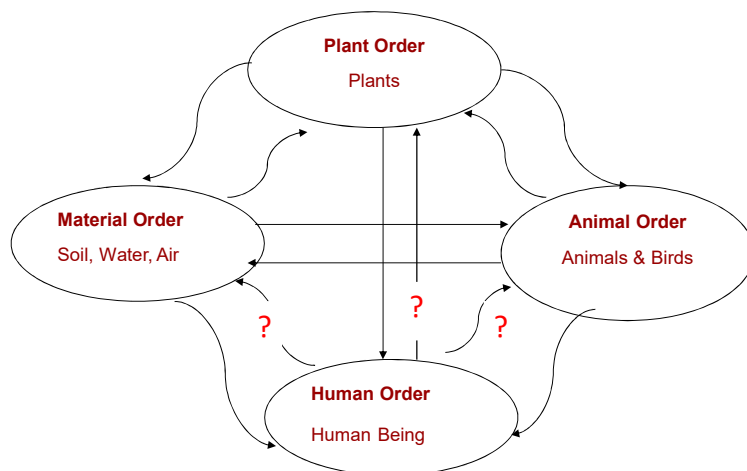
- Struggle is inherent in Nature or
- Struggle is not inherent in Nature and there is a provision for mutual fulfillment

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Relationship of Mutual Fulfillment



Mutual Fulfillment = Relatedness + Fulfillment



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Resource Depletion & Pollution



Resource Depletion – The resource is used at a rate which is faster than the rate at which it is produced in Nature

Pollution – The product is such that

1. It does not return to the cycle in Nature or
2. It is produced at a rate that is faster than the rate at which it can return to the cycle in Nature

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Harmony with nature



- | | | |
|-------------------|-----------------------|--|
| 1. Material order | – soil, metals etc. | } Nature = Collection of Units
= 4 Orders |
| 2. Plant order | – trees, plants etc. | |
| 3. Animal order | – animals, birds etc. | |
| 4. Human order | – human beings | |

There is a relationship of mutual fulfilment amongst these 4 orders. So far, the first 3 orders are mutually fulfilling for each other as well as for human beings

It is naturally acceptable to human beings to be fulfilling for these 3 orders. Human beings need to understand this mutual fulfilment; only with this understanding will human beings be able to live with mutual fulfilment

The role of Human Being is to realize this mutual fulfilment – For this, all that human beings need to do is:

1. To understand that mutual fulfilment is inherent in nature – we do not have to create it
2. To live accordingly – then the mutual fulfilment amongst the 4 orders will be realised (and there is provision in nature for living in a mutually fulfilling manner)

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Summary of UHV



Work towards Harmony at all 4 levels :

Individual

Family

Society

Nature

Ensure Continuity of Mutual happiness and mutual prosperity through a

Process of self-verification !

This is the goal of value education !!

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UHV based Mentoring



- Help advance the educational and “personal” growth of student/mentee
- Different students will require different amounts and kinds of attention, advice, information, and encouragement
 - Feel related – Be approachable and available
 - Evaluate – Do not judge – Students should not feel intimidated
 - Identify intention vs competence
 - Build trust
 - Be proactive with students who are timid / But do not thrust your opinion / Be aware (Beware) of your biases
 - Encourage cooperation/excellence – not competition

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A small story

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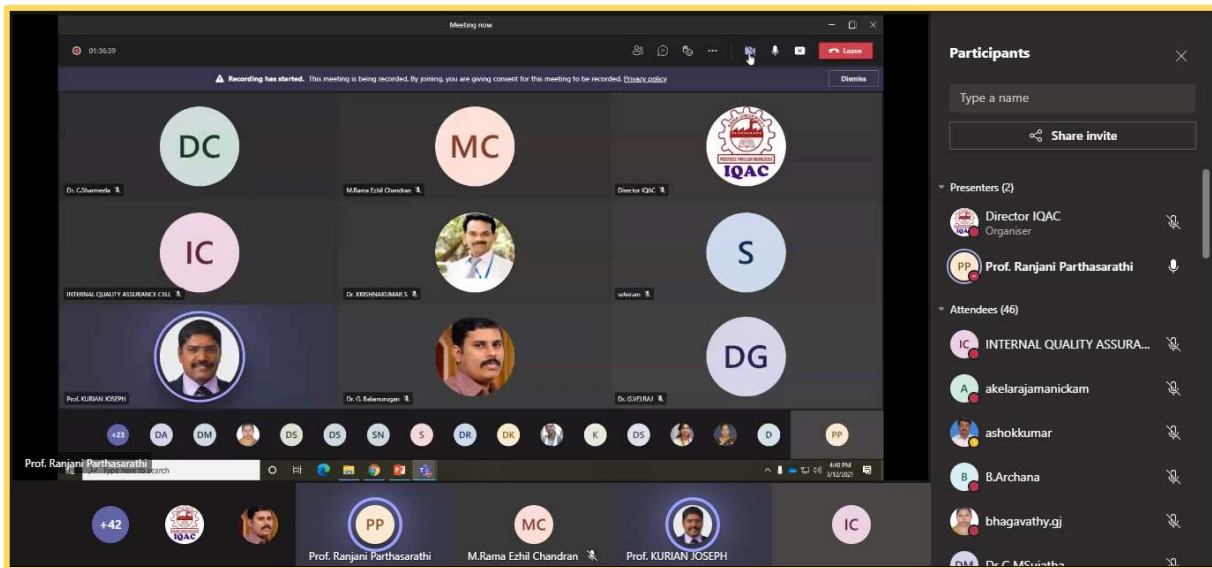
Thank You

Reference: Gaur, Singal, Bagaria, A foundation course on Human values and professional ethics, ... through self-exploration, Excel Books, 2009.

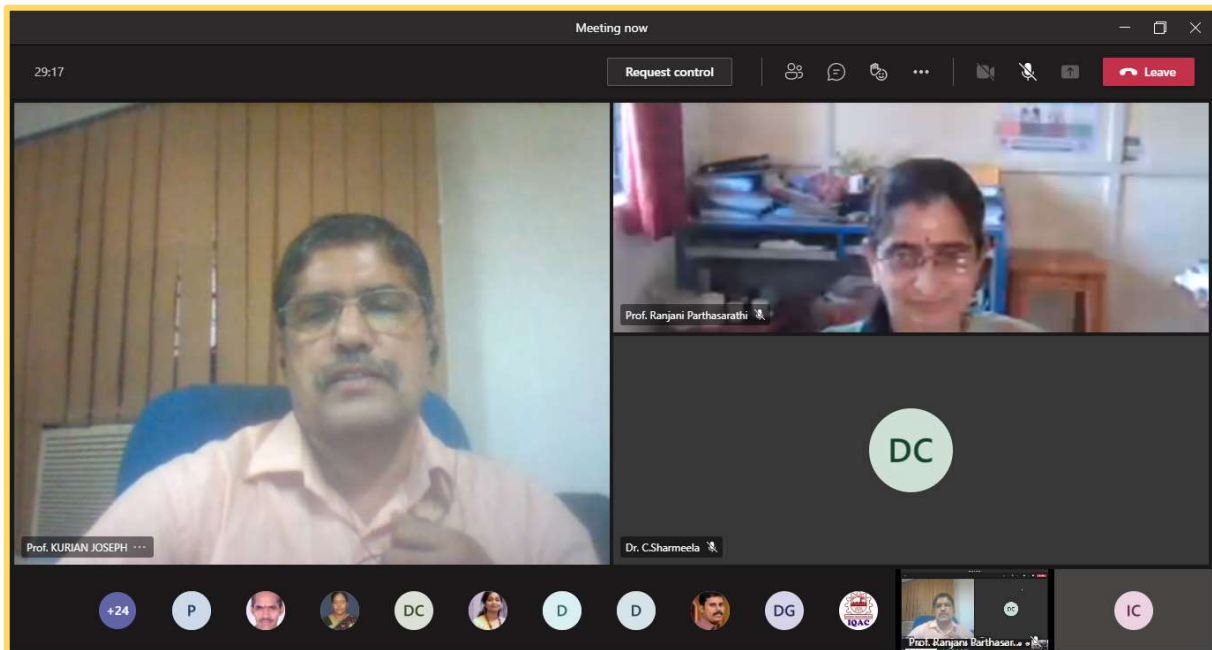
68

Screenshot taken during the webinar

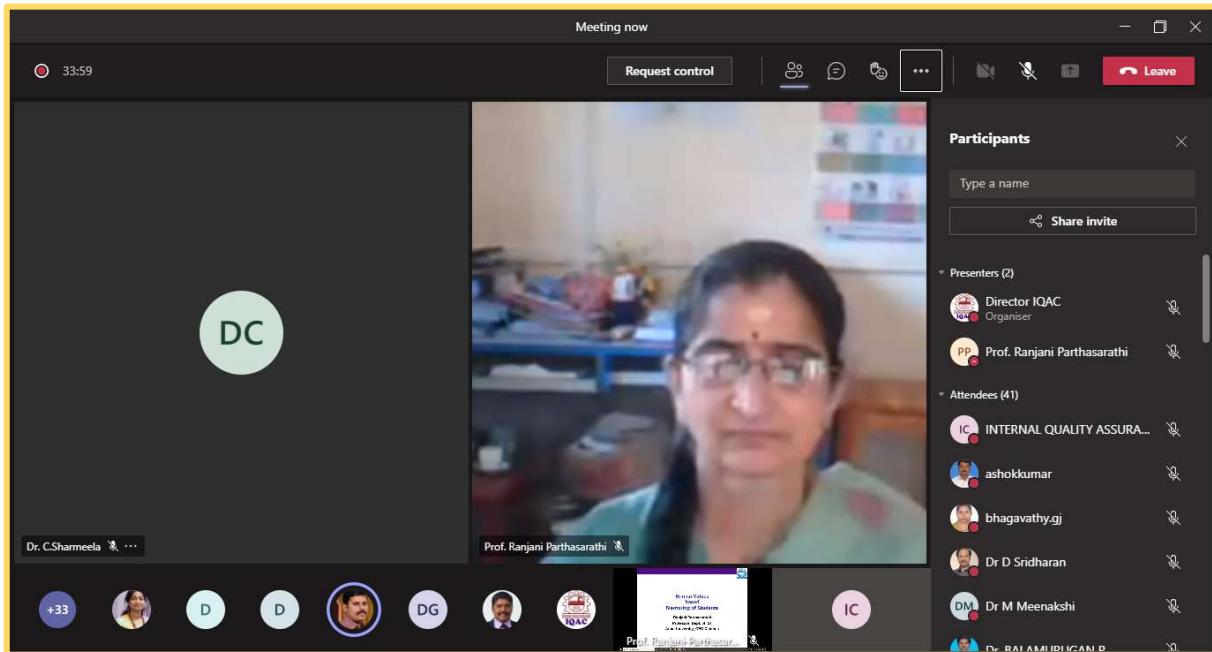
Registration on webinar



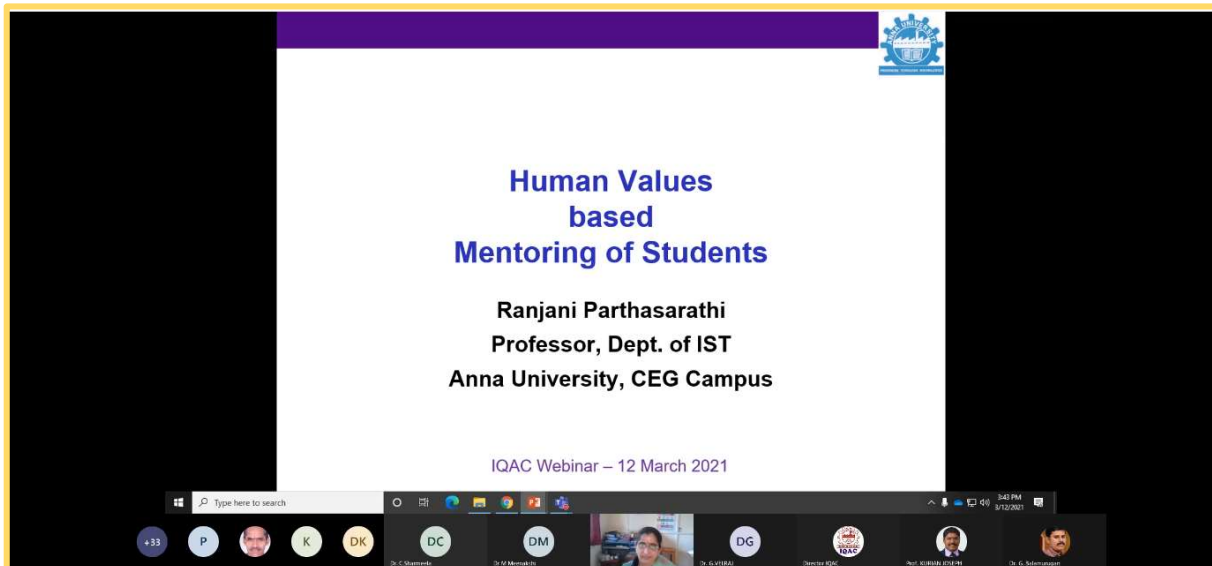
Welcome address by Dr.Kurian Joseph, Director-IQAC



Introduce the speaker by Dr.G.Balamurugan, IQAC Coordinator



Presentation by Prof.Ranjani Parthasarathi



Meeting now

Mentor - Expectations

- "Wise and trusted counsellor" – Homer in Odyssey
- In academics: Faculty advisor ↔ Mentor !!
- But, mentoring is more than advising!
- Mentoring is a personal, as well as, professional relationship
- Mentoring evolves with the needs/growth of the student
- Need to vary the degree and type of attention, help, advice, information, and encouragement that is provided
- A mentor is someone who takes a special interest in helping another person develop into a "successful professional" and a "humane being" !
- Mentors are advisors, supporters, tutors, sponsors & "Models" of identity

Relationship: ADVISER, TEACHER, ROLE MODEL, FRIEND OR BENEVOLENT MENTOR TO STUDENTS BY SCIENCE AND ENGINEERING NATIONAL ACADEMY OF SCIENCES NATIONAL ACADEMY OF ENGINEERING INSTITUTE

Meeting now

Mentor - Benefits

- Fulfills natural human desire – to share knowledge and experience
- Satisfaction/Joy – in having a student succeed and become a friend/colleague
- Networking
- Stay up-to-date in your field
- Extend your contribution/impact – results of good mentoring live after you!

Meeting now

Universal Human Values

Presenting a universal approach to value education

Meeting now

- Now if all three, right understanding, relationship and physical facility, are necessary, what would be the priority between them?
- Examine within yourself, what is the priority of these for you?

PHYSICAL FACILITY பொருள் / வசதிகள் with rest of nature	RIGHT UNDERSTANDING (உறவு) in the self	RELATIONSHIP (உறவு) with human beings
---	---	--

Meeting now

Priority: Right Understanding, Relationship & Physical Facility

For animals: necessary & complete
For human beings: necessary but not complete

Meeting now

Transformation = Development

MUTUAL HAPPINESS MUTUAL PROSPERITY

Meeting now

Process of Self-verification

Whatever is said is a Proposal
Do not accept it just because it is – written in some book – stated by some person

Meeting now

Human Being	Self (I)	Body
Need	Happiness (Eg. Respect)	Physical Facility (Eg. Food)
In Time	Continuous	Temporary
In Quantity	Qualitative	Quantitative (Limited in Qty)
Fulfilled by	Right Understanding & Right Feelings	Physio-Chemical Things
Activities	Desire, Thought, Expression	Eating, Walking
	Knowing, Assuming, Recognising, Fulfilling	Temporary (Time to Time)

Meeting now

Harmony with the Body

Self (I)	Body
Consciousness Continuous Knowing, Assuming, Recognizing, Fulfilling	Material Temporary Recognizing, Fulfilling
Control Feeling of responsibility for Nurturing, Protecting and Right Utilization of the Body	Health 1. Body acts according to I 2. Parts of the body are in harmony (in order)

Participants

01:08:10

Meeting now

Harmony in Family

Understanding Relationship – Respect

Participants

01:16:51

Meeting now

Differentiation (Disrespect)

Differentiation = Disrespect

Body	Physical Facilities	Beliefs
Gender, Age, Race, Physical Strength	Wealth, Post	Sex, Sects

Evaluation on the basis of Body, Physical Facilities or Beliefs (preconditioning) turns out to be differentiation and therefore disrespect

Differentiation like this has led to resentments and protests. Eg Women's Lib, Generation Gap, Black vs White, Powerful vs Oppressed, Rich-Poor, Communism-Capitalism, Hindu-Muslim and so on

Participants

01:18:47

Meeting now

Differentiation	Respect
I evaluate on the basis of body, physical facilities or belief (pre conditioning)	I evaluate on the basis of Self (I)
The other is different from me	1. We have the same purpose 2. We have the same program 3. We have the same potential (difference only in competence) The other is like me
We are competitors. I make effort to accentuate the difference, to manipulate, exploit the other	We are complementary - If I have more understanding than the other, I live with responsibility with the other & then facilitate the other - If the other has more understanding than me, I become ready to understand from the other

Participants

01:19:11

Meeting now

Harmony in Society

Human Target

Right Understanding & Right Feelings	Prosperity	Peacefulness (Trust)	Co-Existence
In Every Individual	In Every Family	In Society	In Nature/Existence

Gross Misunderstanding

Assumptions (eg, Money is everything)	Accumulation of Physical Facility	Domination & Exploitation	Mastery & Exploitation
In Every Individual	In few Individuals	In Society	Over Nature
Excessive Consumption	Sexual Pleasure	Terrorism War	Resource Depletion Pollution

Participants

01:22:51

Meeting now

Harmony in Society

Human Target

Right Understanding & Right Feelings	Prosperity	Peacefulness (Trust)	Co-Existence
In Every Individual	In Every Family	In Society	In Nature/Existence

Gross Misunderstanding

Assumptions (eg, Money is everything)	Accumulation of Physical Facility	Domination & Exploitation	Mastery & Exploitation
In Every Individual	In few Individuals	In Society	Over Nature
Excessive Consumption	Sexual Pleasure	Terrorism War	Resource Depletion Pollution

Participants

01:22:53

Meeting now

Relationship of Mutual Fulfillment

Mutual Fulfillment = Relatedness + Fulfillment

Participants

01:26:31

Meeting now

Thank You

Reference: Gaur, Singal, Bagaria, A foundation course on Human values and professional ethics, ... through self-exploration, Excel Books, 2009.

Participants

01:33:35

Vote of thanks by Dr.G.Balamurugan, IQAC – MIT Campus coordinator

